



# Garrod Farms Stables

## SUMMER HORSE CAMP FOR CHILDREN

### DAY CAMP INCLUDES:

- ◆ One and two week sessions throughout the summer for children **8-15** years old
- ◆ Monday-Friday from 9:00 a.m. to 4 p.m.
- ◆ A horse for each child to ride, care for and love the entire session
- ◆ A counselor skilled in leadership and horsemanship to supervise and instruct the children
- ◆ Special events such as: lunch rides, games on horseback, horse shows, and drill teams

### EQUIPMENT NEEDED:

1. *Riding boots (not hiking boots) which are always to be worn around the horses, and long pants.*
2. *Tennis shoes and shorts for vaulting*
3. *Daily sack lunch. Extra water and sunscreen*
4. *ATSM/SEI approved horseback riding helmet (the stables will provide one if necessary)*

### WESTERN A

**FIRST CAMP EXPERIENCE** for children **8 - 14**. Also suitable for 2<sup>nd</sup> year campers. A minimum of 4 riding lessons are required for first-time campers.

Campers learn:

1. The horse-parts, colors, markings, breeds
2. Care of the horse-feeding, grooming, saddling, cleaning, and knot-tying
3. Western tack-its use, care and cleaning
4. Walk and trot with control and form
5. Introduction to the lope
6. Trail riding-rules and safety
7. Vaulting (simple gymnastics on the moving horse) to improve balance and rhythm in riding

### WESTERN B

**SECOND OR THIRD CAMP** experience for children **9 – 14** who have attended at least 2 weeks of Garrod horse camp, or older children who have had significant riding lessons.

Campers learn:

1. More extensive consideration of all of the subjects listed in WESTERN A
2. Learning to Lope
3. Equine first aid, diseases and common treatments
4. Instruction in horse breeds, breeding, and training
5. Feeds and feeding for particular needs
6. Use of obstacle courses and figure work

### WESTERN C

**THIRD YEAR CAMP** experience for children **10-15** who have attended at least 4 weeks of horse camp, or older children with significant riding expertise.

Campers learn:

1. Continued exploration and development of all subjects in WESTERN A and B
2. Lead changes
3. Collection
4. Practice Drill Team Work
5. Individual Stock Seat Pattern work
6. Continued Equitation Improvement



## 1<sup>st</sup> YEAR WRANGLERS

No previous experience necessary. Western style riding for the very beginners. A perfect camp for **FIRST TIME RIDERS.**

Campers will learn to:

1. Lead, tie, saddle, bridle, groom their horses.
2. Beginning equitation
3. Common Horse Sense.
4. Introduction to walk and trot
5. Vaulting (simple gymnastics on the back of a horse) to improve rhythm and balance in riding

## ALL ENGLISH

**ENGLISH** riding camp for campers **11 - 15** who have completed at least 6 weeks of Garrod horse camp; or campers who have completed 4 weeks of horse camp **AND** are currently taking English riding lessons. Some older children may be admitted who have had significant English riding instruction.

Campers learn:

1. All subjects in Western A, B, and C (except western riding)
2. 'Balance Seat' equitation and beginning dressage
3. Basic caveletti work
4. Technical skills such as mane and tail braiding, leg wrapping, and bandaging
5. Horse exercise techniques
6. Riding patterns

## ADVANCED CAMP

For the **ADVANCED** Western riders, ages **11-15**. Must have attended a minimum of 6 weeks of Garrod Farms Summer Day camps, or have **Instructor approval**. Must be able to walk, trot, lope with control and form.

Riders will:

1. Continue reviewing all subjects in Western A, B, and C
2. Do precision riding
3. Test skills with gymkhana courses and trail courses
4. Do advanced trail riding
5. Learn to control and rate the speed of a horse
6. Work with the horses' special needs
7. Explore English style riding



## COUNSELOR'S ASSISTANT TRAINEE (C.A.T.)

A leadership position, each camp has an opening for one CAT. **Mandatory 1 day training June 11, 9:30-3:00**

- Must be 14 years old or older
- Must have completed minimum of 6 weeks of summer horse camp
- Must have instructor and management approval
- Must be a competent rider

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